Abortion industry groups claim that abortion restrictions don't decrease abortions; they only push women to obtain illegal, unsafe abortions instead. This is a myth. Even modest restrictions such as parental notification requirements or limits on taxpayer funding significantly decrease total abortion rates. You can review decades of research demonstrating as much at:

www.secularprolife.org/abortion-rates

If you are passionate about this issue but not sure where to begin, we have plenty of ideas! Check out volunteer opportunities with Secular Pro-Life at:

www.secularprolife.org/volunteer

You can also review ways to help with pro-life work in general at:

www.HowToBeProLife.com
Biologically, we begin at conception. This is not a religious belief. This is a scientific fact.

"Zygote: This cell results from fertilization of an oocyte by a sperm and is the beginning of a human being."
The Developing Human, Keith Moore (c) 1973

"The zygote represents the first cell of the new individual."
Essentials of Anatomy & Physiology, 9th Edition (c) 2009

"Sexual reproduction is the creation of new individuals...through the fertilization of the female’s egg with the male’s sperm."
Biology of Sex, Alex Mills (c) 2018

Personhood Debate

Some pro-choice people acknowledge that embryos and fetuses are human but deny that they are "persons." What is the difference between a human and a person? Throughout history, authorities have declared disfavored groups of human beings to be "non-persons," with uniformly tragic results. That’s why international human rights charters reject any such distinction. The Universal Declaration of Human Rights proclaims that “everyone has the right to recognition everywhere as a person before the law.”

The only principled way to enforce human rights is to recognize all living members of our species as people. And chief among those rights is the right not to be unjustly killed.

Church vs. State

Pro-choice people frequently claim those trying to restrict abortion violate the religious freedom of their fellow citizens. But the pro-life position isn’t solely a religious one. Pew Research Center’s Religious Landscape Survey finds that, of those who think abortion should be illegal in all or most cases:

- 41% never participate in prayer, scripture study, or religious education;
- 17% seldom or never attend religious services; and
- 12% consider themselves unaffiliated with religion.

Millions of nonreligious Americans oppose abortion, because abortion is a human rights violation. Religious freedom doesn't justify human rights violations.